



# Breakfast


# November 2018 - West Jordan

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu #1				1 English Muffins* Scrambled Eggs Applesauce Milk	2 Hot Oatmeal* Bananas Milk
Menu #2	5 Waffles Pears Milk	6 French Toast* Strawberries Milk	7 Hash Browns w/ Eggs & Toast* Milk	8 Muffins Peaches Milk	9 Cold Cereal Bananas Milk
Menu #1	12 Bagels* w/ Jam Strawberry Yogurt Fruit Cocktail Milk	13 Pancakes Pears Milk	14 Breakfast Burrito w/ Sausage, Eggs & Chs Oranges Milk	15 English Muffins* Scrambled Eggs Applesauce Milk	16 Hot Oatmeal* Bananas Milk
Menu #2	19 Waffles Pears Milk	20 French Toast* Strawberries Milk	21 Hash Browns w/ Eggs & Toast* Milk	<b>CENTER CLOSED</b>	23 <b>CENTER CLOSED</b>
Menu #1	26 Bagels* w/ Jam Strawberry Yogurt Fruit Cocktail Milk	27 Pancakes Pears Milk	28 Breakfast Burrito w/ Sausage, Eggs & Chs Oranges Milk	29 English Muffins* Scrambled Eggs Applesauce Milk	30 Hot Oatmeal* Bananas Milk

# Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu #3				1 Fish Sticks Cottage Cheese Peas Pineapple Milk	2 Ham & Corn Chowder w/ Potatoes Saltines Pineapple Milk
Menu #4	5 Chicken & Rice* Casserole Green Beans Pineapple Milk	6 Corn dog Baked Beans Tater Tots Pineapple Milk	7 Chicken Enchilada Casserole Corn Fruit Cocktail Milk	8 Turkey & Cheese Sandwich* Carrots & Celery Mandarin Oranges Milk	9 Baked Chicken Mashed Potatoes Carrots & Apples Bread* w/ Butter Milk
Menu #1	12 Cheeseburger French Fries Pickles Grapes Milk	13 Meatballs Rice* Mixed Vegetables Pineapple Milk	14 Ham Fried Rice* w/ Eggs Corn Fruit Cocktail Milk	15 Sloppy Joes w/ Cheese Tater Tots Pears Milk	16 Taco Salad w/ Beans & Cheese Tortilla Chips Fruit Cocktail Milk
Menu #2	19 Meat, Gravy and Mashed Potatoes Mixed Vegetables Peaches Bread* w/Butter Milk	20 Hot Dog w/ Bun Tater Tots Carrots & Celery Apples Milk	21 Turkey & Stuffing Mashed Potatoes Green Beans Fruit Cocktail Rolls* Milk	22 <b>CENTER CLOSED</b>	23 <b>CENTER CLOSED</b>
Menu #3	26 Macaroni & Cheese w/ Hotdogs Peas Pineapple Milk	27 Grilled Cheese Sandwich* Tomato Soup Apple Slices Milk	28 Spaghetti w/Meat Green Beans Pears Bread* w/ Butter Milk	29 Soft Taco w/Meat Cheese & Lettuce Corn Pears Milk	30 Chili Corn Peaches Saltine Crackers Milk

# Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu #1				1 Trail Mix Fruit Juice	2 Muffins Banana
Menu #2	5 Graham Crackers Applesauce	6 Pretzels Oranges	7 Fruit Salad w/ Yogurt	8 Cheez-its Apples	9 Ritz Crackers Banana
Menu #1	12 Goldfish Crackers Fruit Juice	13 Nachos w/ beans & cheese	14 String Cheese Ritz Crackers	15 Trail Mix Fruit Juice	16 Muffins Banana
Menu #2	19 Graham Crackers Applesauce	20 Pretzels Oranges	21 Cheez-its Apples	22 <b>CENTER CLOSED</b>	23 <b>CENTER CLOSED</b>
Menu #1	26 Goldfish Crackers Fruit Juice	27 Nachos w/ beans & cheese	28 String Cheese Ritz Crackers	29 Trail Mix Fruit Juice	30 Muffins Banana



\*Denotes Whole Grain Rich daily serving approved by Utah CACFP

